



For Immediate Release

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News Release

elete™ Olympian Sister Biathletes Tracy and Lanny Barnes Stake Their Claim at the North American and U.S. National Championships



OGDEN, UTAH (March 19, 2007)— Sister Olympian athletes Lanny and Tracy Barnes won first and third place respectively among 52 athletes competing at the U.S. National Biathlon Championships in Fort Kent, Maine last weekend. Both Lanny and Tracy Barnes of Durango, Colo. are athletes sponsored by **elete™ Electrolyte Add-In.**

Lanny Barnes finished first among all U.S. individual female athletes and second in North America closely behind Canadian Sandra Keith. As the top U.S. finisher, Lanny Barnes proudly bears the title of U.S. Champion. Lanny finished first in the women's 7.5-kilometer sprint with a course time of 32:40.2 with a one-miss shot in the standing position.

Tracy Barnes finished fourth overall for the day with an impressive ski time of 34:28.6 with two penalties in the prone position. However, Tracy qualifies for third place in the U.S. National Championships.

Fifty-two biathletes from the U.S. and Canada competed last weekend in the championships, which combines cross-country skiing and rifle shooting. Racers have four shooting stages, two in the prone position and two in the standing position. Each missed shot requires a lap in the penalty loop.

Tracy Barnes attributed **elete™ Electrolyte Add-In** as a factor in their success. "**elete™ Electrolyte Add-In** has been a huge contributing factor to our success. Your body needs



the important electrolytes **elete™** has to perform and compete at a high level.

Not only are **elete™** electrolytes important in racing, but training as well. It helps to keep our muscles from cramping during exercise as well as speeds recovery by replenishing important electrolytes. With the demanding training and racing schedule we have in a biathlon, we use **elete™** electrolytes to keep us performing at our best.”

“We are absolutely thrilled for Lanny and Tracy and their very impressive wins in the U.S. National Championships,” stated Val Anderson of **elete™**. “We are flattered to hear that **elete™** electrolytes played such an integral role in their training and success.”

About elete™ Pure Electrolyte Add-In

elete™ (www.eletewater.com) is the latest cutting-edge innovation in electrolyte replacement. elete™ is the world’s first pure electrolyte add-in specially designed to add electrolytes to any beverage or food to replace electrolytes, maintain fluid balance, sustain endurance, and help prevent occasional muscle cramps due to physical exertion. elete™ contains no calories, no sweeteners, no flavorings, no artificial ingredients, and no nasty stuff that can impede optimal performance. Because elete™ is a pure electrolyte add-in, it can be used to make pure electrolyte water that tastes like water. Tablytes™, by elete™, are a complete, balanced electrolyte replacement in tablet form. For more information, visit www.eletewater.com or call 800.669.1297.