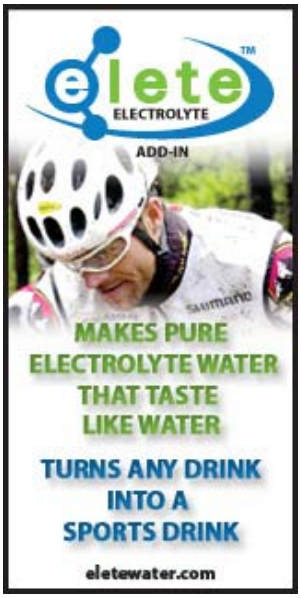
Bikes Belong COALITION Invest in bicycling's future. Join us!

Archived Articles:
2006 CX Nationals Sidelines
2006 CX Nationals Day 2
2006 CX Nationals Day I
2006 CX Nationals Intro
Warmth Recaptured
The Road Ahead
On The Well Worn Path
Fireflies in the Garden of Gray
A Ride With the Cannibal
Hoop Talk



Interbike '06
Grande Finale
Innocence Lost
Outdoor Demo and Hangover Ride
Interbike 2006 Intro

24 Hours of Willamette
Twilight at the Velodrome

The first half of the ride along the Hudson had a stiff chilled wind, whipping around from every point of the compass. As a result, we had ample opportunity to test the wind breaking capabilities of the comfy fleece lined Sugoi bike togs. Dan also reported that the Mountain Hardwear Conduit Softshell was an excellent wind barrier and was performing up to snuff as well. Along the Hudson we paused periodically for a snapshot or two supposedly to illustrate the gear. But, honestly the day was gorgeous and a rider could easily succumb to the desire to stop and take some photographs. Our journey slowed slightly as we neared the Battery Park and the Museum of Native American Art (the former US Custom House) with it's imposing statuary. There the wind gusted to near gale force, the fountain in the park across the way was spouting horizontally, and we could literally lean into the wind.

We contined southward, rounding the tip of lower Manhattan. South Street comes up, charaterized by tall sailing ships, smaller tugboats and fishing charters. My head cold was rearing up miserably at this point, to stave off the effects of the cold I had taken some medicine which by this point had totally dried out my throat. Had this been a usual ride I would be sucking down some typical sports beverage getting sicker and sicker from the annoying sweetness. But today I was testing out Elete Hydration Water and I have to tell you, it literally saved the day. The stuff is terrific. As a homage to its benefits I shot a bottle of the stuff on the waterfront, somehow it seemed apropos.

Pedros Fest '06
The Faces of Pedros
Not-so Still of the Night
The Bold and The Vulgar
Trailing Off
Stickers, Glue, Ribbons, Markers
Good Times in the Sky
Downhiller Hunting at Jiminy Peak
Pedros Fest Intro 2006

Heart Rate Monitor
Mt. Hamilton
Critical Mass
The Mountain of the Devil
Fighting for the Finish
Hey Watch Your Feet!
Special Film Pull-out
Bicycle Film Festival
Tour du Parc
The Five Boro Bike Tour
VOICES: Peter Sutherland
VOICES: Brendt Barbur
VOICES: Jacob Septimus

Epic Mountain Bike Rides
Big Bear is So Cals premier site with miles of trails for all levels
www.BigBear.com/mountainbiking

Ads by Google

Stillwell Beginner's
Interpretive Trail Opening
Resurrecting the Vanderbilt Motor Parkway
Kicking it up a Notch
Bicycle Film Festival Intro
The Fat Tire Classic
The Road to Zamora
Edison, NJ Show
Carlisle, PA Show
Bike Show Intro
SLIME Torture Test
Step Away from the Lube
Energy Crisis
CX Camp for Juniors
Gear Guide: 2006
Inside the CX Nationals
Road to Nowhere
Take it Hard, Take it Easy
Liberty Mutual Cyclocross

Hanging out under the Brooklyn bridge, The Greenway provides plenty of scenery.

Along comes the Brooklyn Bridge. Now I know that the traditional icons of the city used to be the twin towers, and that now it is the Empire State Building, but to me New York is really the Brooklyn Bridge. This graceful triumph of early engineering shows the soul of the city, a city which merely decides to accomplish and then does so. It is a perfect backdrop for a group of cyclists, challenging nature in all its glory. Bridges circumvent gaps in landmasses while riders battle mountains, cold and challenge the river winds.

Along the way there are a few detours that take you away from the shoreline, but even those are worth exploring.

Having passed most of the mandatory sights on the South End, we hauled along the long East River side. Biker head kicks in and with the less congested pathways we start to add on some speed. Conversation wanes, breathing gets deeper and more regular. The rider and their mount become one and the mind becomes a receptor instead of a director. Feeling - sensing it monitors the pace, it enjoys the power and grace, we are in the zone. Swishing of tires on pavement, the ever so light mechanincal noises of metal on metal, muted by the precision of a bike and parts well made and lubricated, the surge of fresh clean morning air rushing in and out providing

Nationals Day Three
Liberty Mutual Cyclocross
Nationals Day Two
Liberty Mutual Cyclocross
Nationals Day One
Liberty Mutual Cyclocross
Nationals Intro
Holiday GIFT GUIDE
The Unbearable Art of Wrenching
Kinetic Koffee: Tasting the Brew
My Riders: A Crewman's journey
275 Miles for Youth
Letters from the Road
Patterson Pass Insurgence
The Power of Critical Mass

Travel:

Interbike '05/ Las Vegas
IB '05: Red Rocks Canyon
IB '05: Indoor Expo
IB '05: Lake Mead
IB '05: Outdoor Demo II
IB '05: Outdoor Demo I
IB '05: Intro

Pedros Fest '05
Night Moves
Roughin' It!
Words With Tinker Juarez
Pedros' Faces
Jiminy Peak Free Ride
Womens' Skills Clinic
Pedros: Day One
Pedros Intro

Chicago
Bicyclist Haven?
What's Not to Bike?
Sites @ Night

West Coast
Cali Travel Intro
Hitting the Wall
Lake Chabot
Tour de Truckee
Ride to Skyline
Tarmac Tacos
The New York Bike Show
The Deluge Ride
New Jersey Bike Show
Stinging the Rio

energy, the warmth of the sun on one side of the body, the slight chill as the body's moisture wicks away on the other... We are cyclists and the day is perfect. Nothing else matters, nothing else exists we are one with the wind. We have experienced the unity!

Oops, bladder break! Ok so it is not all perfect, there are the realities of life with which to deal and besides there are pedestrians here again, so it seemed a logical spot to stop in any case. We are two thirds of the way up the East side and we have hardly noticed the passage. Our path has taken us along the shore, past the UN through some city streets, up and down the surprisingly hilly island of Manhattan, but we experience it in a dream like quality, in retrospect. It was the ride, not the travel which was important. But now, paused in our journey, we can switch some gear. I chose to lose the Fall Jersey as the day had warmed significantly. Dan chose to unzip his Mountain Hardwear jacket to vent some built up steam. Sheri opted to finish out the day in the slightly cooler Red Sugoi jersey. So since we had stopped and we were actually half way in our journey, we opted to try out the Purefit products.

Pure fit is an energy bar manufacturer that takes a different slant on energy products, eschewing carbs, they opt for soy protein as their power source. Their bars are guaranteed not

Roaring Mouse Race Series (Spring 2005)
The Agony and Ecstacy of Icy Rain...

Self-Guided Biking
Unique self-guided biking trips in Italy, France and Ireland.
www.bikeriderstours.com

Ads by Google

Visions in Saffron
Margo Conover Speaks Out
Repurposing
The Blizzard Ride
PBBC 2005 Season Opener
26 Degrees of Separation
The Abondoned Bike
Bite My Style:
Messenger Fashion
Death Valley:
Two Cyclists Enter
Car-Free: Kara
Car-Free: Max
And the Winner is...

Bikes up to 60% Off List
New bicycles. Full factory warranty Buy direct. Save Big. Free Shipping
www.bikesdirect.com

Ads by Google

Halloween in Gotham
Battling El Diablo
Interbike: The Event
Interbike: Intro
Cape May,
A Cyclist's Dream
A d'Liteful Adventure
Catching up with the Catskill Wheelmen
BTC Daily 2004
Crashpads:
Crash and Burn?
IBEX MTB Trail [Series]
Prelude to a Champion
Rudy Project: Part Deux
Take Time to Appreciate

to be sticky and they are not. This was rapidly turning out to be one of those once in a while events where everything gelled to make it a great day. The weather was perfect, and all the products were performing precisely as advertised, what more could we ask from the day?

On the way through the area of Fort Tryon, we skirted by NYC's very own Grecian Temple. The temple stands apart from the hustle and bustle of the city. Passing by you can observe people from all walks of life in any manner of meditation or mental exercise. We too stopped for a moment to gaze down the Hudson River Valley. In the height of Fall, the bright foliage against the bleached white of the temple pillars is a remarkable attraction.

The Grecian Temple is a place of respite to relax outside the throngs of busy passers by.

Our path took us through the northern part of Manhattan on the city streets and the wonderful weather brought out the local denizens to provide a picturesque tableau of varied cultures. We made the hill leading to Washington Heights and then portaged our bikes to the top of the trail. From there we descended down to the Hudson River shoreline through a series of leaf encrusted switchbacks, but along the way we

Stretching for a Fit Body
A Soggy 5 Island Tour

Incident Report
The Pump Showdown
Manhattan Greenway
Burley D'Lite Pre-Review
Bike Rodeo
When Polar Bears Attack
Almighty Leap Ride
Essential Cycling Toolkit
Training up! [The Series]
Selle Italia/Cannondale Ride
Wanna do a charity ride?
PBBC 2003 Season Opener
Rudy Project Eval Ride
Fixing Flats On the Go!
The Ride Dine 9.13.03
Road Riding Safety
Winter Riding Safety
Cycles Le Femme Jerseys
Helmets and Safety

The v

Most li
- T

passed numerous other cyclists. What can I say the day was delightful, as is evidenced by the photographs. Sheri bailed at her 'hood around the seventies and Dan and I finished our ride to 34th and across to Penn Station.

Oh Yeah Orville, well it seems that he got confused at one of the off path areas and wound up coming down through central Manhattan through Central Park so we missed each other again, but as it turned out he was in Penn only minutes before we got there. Passing ships in the night... so to speak.

What can I say great weather, good friends, swell product, and a terrific ride. Look for more information coming soon on the reviewed products. And thanks to Sugoi, Powerfit, Elete, and Mountain Hardwear for giving us the needed excuse to get on our bikes and away from it all!

Previous Page

Send This Story To a Friend

Your Name:

Friends Email Address:

Your Email Address:

Custom Message:

Send

Page designed by Chain Ring Creative